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EXCISIONAL SURGERY APPOINTMENT (S-9)

You have been asked to schedule an appointment for excisional surgery. A large block of time has been reserved for you in the office. If you are unable to keep this appointment, or have a need to change the appointment, it is imperative that you notify the office 48 hours in advance. Failure to do so will result in a charge to your account.

Depending upon the nature of the surgery and the location of the lesion to be removed, you may find it helpful to have a friend or family member accompany you to the office. During the first 24 hours after your surgery, a pressure dressing will be applied to the excision site. If surgery is performed on the face, you will be advised to minimize lifting, pushing, pulling and straining maneuvers to decrease the risk of bleeding under the sutures. For surgery on an extremity, weight bearing and sports must be minimized for 48 hours.

In preparation for your surgery I ask that you avoid aspirin and all aspirin containing products for 10 days prior to the procedure. Aspirin increases the risk of bleeding both during and after the procedure.

Excisional surgery will be performed under local anesthesia. This involves a relatively painless injection technique with 10-15 seconds of discomfort. In the post-operative period, medication may be prescribed, or Tylenol used to moderate the pain. Specific instructions regarding the care of your incision site will be given to you at the time of surgery. Sutures may be removed in 4-21 days depending on the nature of the surgery and location of the lesion removed.

Patients are encouraged to bring a music listening device to use during the procedure if they so choose.